

# January 2022 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4 PEPPERONI PIZZA GREEN SALAD with DRESSING VEGGIE STICKS with HUMMUS FRUIT PUNCH	5 BREADED CHICKEN TENDERS with STEAMED RICE STEAMED CARROTS STEAMED EDAMAME APPLE CHIPS	6 MAC & CHEESE ASIAN SLAW BABY CARROTS with DIP BAKED BEANS FRESH FRUITS GARLIC FRENCH BREAD	7 ROAST TURKEY with GRAVY MASHED POTATOES BABY CARROTS with DIP DICED PEARS WG ROLL
10 TEACHER WORKDAY NO STUDENTS	11 CHICKEN MOZZARELLA SANDWICH MARINARA SAUCE EMOTICON POTATOES FRESH FRUIT	12 BEEF PATTY with GRAVY STEAMED RICE SYEAMED CARROTS & CORN SLICED PEACHES WG ROLL	13 CHEESY BITES with MARINARA SAUCE VEGGIE STICKS with DIP FRUIT SLUSHY	14 OVEN BAKED CHICKEN STEAMED RICE GREEN SALAD with DRESSING BABY CARROTS & CELERY with DIP CRAN & RAZZ JUICE WG ROLL
17 DR. MARTIN LUTHER KING JR. HOLIDAY	18 PIG IN A BLANKET TATER TOTS BABY CARROTS VEGGIE STICKS PINE CHUNKS	19 CHEESE PIZZA TOSS SALAD BABY CARROTS CRAISIN	20 FISH SANDWICH POTATO WEDGES VEGGIE STICKS with DIP BAKED BEANS WHITE GRAPE SLUSHY	21 ROAST PORK W/ GRAVY STEAMED RICE STEAMED VEGGIES STRAWBERRY KIWI JUICE
24 BEEF CHILI NACHOS STEAMED BROCCOLI STEAMED CORN GRAPE JUICE	25 TUNA SALAD SANDWICH with CORN CHOWDER GREEN SALAD with DRESSING TOMATO WEDGE EDAMAME FRUIT SLUSHY	26 TASTY CHICKEN TENDERS with HONEY MUSTARD SAUCE STEAMED RICE GREEN SALAD with DRESSING BABY CARROTS & VEGGIE STICKS CINNAMON-SUGAR APPLESAUCE	27 TERI CHEESEBURGER TATER TOTS COLESLAW BAKED BEANS MIXED FRUIT	28 PAN LAU LAU STEAMED RICE LOMI TOMATOES PINEAPPLE CHUNKS WG ROLL
31 MAC & CHEESE ASIAN SLAW BABY CARROTS with DIP BAKED BEANS FRESH FRUITS GARLIC FRENCH BREAD				

\*\*\* LUNCH INCLUDES CHOICE OF 1% MILK or SKIM CHOCOLATE MILK